



BLUNSDON  
HOUSE HOTEL



Energise, restore  
and nurture  
your body,  
mind and soul



# Phytomer Body Treatments

## Full Body Exfoliation

50 mins – £50

Marine salt crystals exfoliation, finished with a hyper moisturising body milk.

Our ethically sourced natural Marine sponge is used to exfoliate the body removing dead skin cells. After your treatment you will be given the sponge to take home. This can be used dry as an exfoliator or with a shower gel.

*...add on Scalp massage*

*£10 – 10 mins extra*

## Detox Body Wrap

50 mins – £50

Warming cocoon body mask, with powerful deep cleansing and contouring serums, stimulate the body's metabolism and encourages the natural breakdown of excess lipids. It eliminates toxins and leave the skin toned whilst redefining the silhouette.

Our ethically sourced natural Marine sponge is used to exfoliate the body removing dead skin cells. After your treatment you will be given the sponge to take home. This can be used dry as an exfoliator or with a shower gel.

*or £170 for a course of 4  
(2 per week for 2 weeks)*

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Tel. 01793 720609 Email: [secrets@blunsdonhouse.co.uk](mailto:secrets@blunsdonhouse.co.uk) [www.blunsdonhouse.co.uk](http://www.blunsdonhouse.co.uk)



# Phytomer Facials

Phytomer Facial Treatments are individually prescribed using natural marine based products, plant extracts and aromatics to restore, nourish and protect the skin.



## **Tailor Made Facial** 25 mins – £35

A perfect refreshing facial tailor made to you for an instant lift.

## **Expert Youth Facial** 50 mins – £60

Superb anti-ageing facial smooths fine lines and wrinkles, firming and lifting the face to promote more youthful skin.

## **HydraBlue Plumping Facial** 50 mins – £50

An intense moisturising treatment leaving your skin feeling soft, radiant and soothed.

## **Comforting Soothing Facial** 50 mins – £50

For sensitive skins, this will instantly cool, calm, reduce redness and irritation. The skin is strengthened and soothed.

## **Eye Contour Treatment** 25 mins – £25

A specific targeted treatment to energise and decongest, leaving eyes looking visibly brighter.

*...add on Hot Stones, Scalp or Eye Contour £10 – 10 mins extra*

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# massage therapies

## **Back, Neck and Shoulder Massage**

25 mins – £40

## **Full Body Massage**

50 mins – £60

## **Back Hot Stone Massage**

25 mins – £45

## **Full Body Hot Stone Massage**

50 mins – £65

## **Pre-natal full body massage**

50 mins – £60

Specifically adapted to pamper & relax an expectant Mum.

## **Pre-natal back neck and shoulder massage**

25 mins – £40

## **Indian Head Massage**

25 mins – £35

A deeply relaxing massage. Includes massage of the scalp, neck, shoulders, upper back and arms.

*...add £10 extra on all body treatment ie. Hot Stones, Scalp, Eye Contour, Hand or Foot masage – 10 mins*



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# Hands and feet

## Essential Manicure

£30

Includes a relaxing hand massage, filing, cuticle work and application of polish.

## Luxury Manicure

£40

Nails are shaped and cuticles tidied. Hands are exfoliated and massaged followed by a luxury mask and heated mittens. To finish polish is applied.

## Essential Pedicure

£35

Includes a soak, scrub, relaxing foot massage, hard skin removal, filing and cuticle work. To finish polish is applied.

## Luxury Pedicure

£45

Feet are soaked, scrubbed and massaged, hard skin removed, nourishing mask, and heated booties. Nails are then shaped and cuticles tidied followed by an application of polish.

*Add HARA Gel to any of the above treatments for £5*

## Hand treatment

£25

## Foot Treatment

£25

## File and Polish

£25

## Children's File and Polish

£15 (under 16yrs old)

*Add some gems – 20p charged per gem*

*Add some Nail art (simple design) – 20p per nail*

## HARA Builder Gel Manicure

£45

Hema free, versatile, self-leveling formula that promotes natural nail strength & gives a long lasting, flawless, mirror shine. A must have treatment for stronger, longer and healthier nails

## French Gel

£40

## Gel removal & tidy

£15



# Eye Treatments

**Eye Brow Tidy**  
£10

**Eye Brow Tinting\***  
£15

**Eye Lash Tinting\***  
£17

**Eye Lash Lift\***  
£25

**Eye Lash Lift and Tinting\***  
£35

**Eye Brow and Lash Tinting\***  
£25

**Eye Brow Lamination and Tinting\***  
£25

**Eye Lash Lift and Brow Lamination\***  
£60 (with free tint)

**Classic lash extensions**  
75 mins - £45.00

\*Patch test is mandatory 24 hours prior  
for all eye treatments

# Waxing

**Half leg** £18

**Three quarter leg** £25

**Full leg** £30

**Under arms** £12

**Full Arms** £18

**3/4 Arms** £15

**Half Arms** £13

**Chest** £25

**Half back** £15

**Full back** £25

**Bikini line** £15

**High Bikini** £20

**Half leg and Bikini** £28

**Full Leg and Bikini Line** £40

**Lip** £8

**Chin** £8

**Lip & Chin** £14

*Intimate waxing by appointment only.*

# Tanning

**Bondi Sands Spray Tan** £20  
(develops in 8 hours)

**Half Body** £15



# Pamper Packages

Includes use of our new spa facilities\* with swimming pool, 3 metre whirlpool Jacuzzi, Scandanvian sauna and Essence steam room. All packages (except the Twilight package) include afternoon tea. A perfect way to unwind and enjoy a day of relaxation at its best.

\*Spa access is limited to one entry on the day.

## Midweek Pamper Package

Valid Monday - Thursday  
£70 per person

Indulge & relax with a 25 minute treatment, use of the spa facility & afternoon tea. Choose from: Back neck and shoulder massage, indian head massage, tailor made facial or file & polish on hands or toes

## Re-energise Package

£95 – 50min

Back, Neck and Shoulder Massage  
Tailor Made Facial or Scalp

## Rejuvenating Package for Two

£180 for two – 50min

Your choice of 1x50 minute treatment per person

## Weekend Pamper Package

Valid Friday - Sunday  
£75 per person

Indulge & relax with a 25 minute treatment, use of the spa facility & afternoon tea. Choose from: Back neck and shoulder massage, indian head massage, tailor made facial or file & polish on hands or toes

*add a glass of fizz for £5 per person*

## Twilight Package

£50 to be taken from 4pm  
choice of **one** 25min treatment listed below:

Indian Head Massage  
Back Massage  
Tailor Made Facial  
Essential Manicure  
Essential Pedicure

*Includes spa access & a glass of fizz.*

*Check out our offer of the month, each month something new!*

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**For bookings please call the salon on 01793 720609  
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**Opening Times**

Monday: 10am – 5pm

Tuesday & Wednesday: 9am – 5pm

Thursday: 10am – 7.30pm

Friday: 10am – 7pm

Saturday: 9am – 5.30pm

Sunday: 10am – 4pm

Opening times can be subject to change but will be confirmed when you book ahead.

Should our therapists be busy when you phone please do leave a message with your telephone number and we will phone you back at the first opportunity.

Please arrive 10 minutes before your appointment time, a 50% charge will be incurred for treatment(s) not cancelled at least 24 hours prior to your appointment.

